# Ginbilek

Offibriek
30 capsules
food supplement
Helps to enhance memory and cognitive functions



#### COMPOSITION

Each hard capsule contains:

Nutritional substances: dry extract of ginkgo biloba L., folium (ginkgo leaves) 120 mg.

The excipients are calcium hydrogen phosphate, anhydrous; magnesium stearate; silica colloidal anhydrous.

Capsule shell contents: gelatine, titanium dioxide 171, caramel E 150 c.

### **PROPERTIES**

The Ginkgo Biloba tree is one of the oldest living species, It was first brought to Europe in the 1700's and it is now a commonly prescribed drug in France and Germany. It is one of the well-researched herbs in the world.

It is gaining recognition as a brain stimulant that enhances memory because of its positive effects on the vascular system, especially in the cerebellum. It is also used as a treatment for vertigo, tinnitus (ringing in the ears) and a variety of neurological disorders and circulation problems. Ginkgo may help to counteract the effects of aging, including mental fatigue and lack of energy.

It works by increasing blood flow to the brain and throughout the body's network of blood vessels that supply blood and oxygen to the organ systems. It increases metabolism efficiency, regulates neurotransmitters, and boosts oxygen levels in the brain which uses 20% of the body's oxygen.

The herb has been used in treatment of other circulation-related disorders such as diabetic peripheral vascular disease, Raynaud's syndrome, hemorrhoids and varicose veins. It can also aid in the treatment of insufficient circulation and complications from stroke and skull injuries. Its beneficial effects on the circulatory system also can be of benefit in the treatment of eye and ear disorders

Ginbilek may be beneficial to support poor memory and concentration as well as healthy blood circulation.

#### DOSAGE

The capsule is taken with adequate amount of fluid without chewing. Recommended daily dose: Take 1 capsule per day.

## PRESENTATION

Gilnbilek – hard gelatin capsules are packed in 2 blisters of 15 capsules put in a carton box with a leaflet inside.

Food supplement, not a substitute for a varied diet. Do not exceed the recommended daily dose.

Store in a dry and light protected place at temperature below  $30^{\circ}$  C. Keep out of reach of children.

Do not take Gilnbilek If you are hypersensitive (allergic) to the active ingredient or any other ingredients.

Take special care with Gilnbilek:

- If you are undergoing anticoagulant therapy (blood thinning medicines), or if you are suffering from a bleeding disorder.
- If you have any known clotting disorders.

### SHELF LIFE

3 /three/ years from the date of manufacturing

# MANUFACTURER

ADIPHARM EAD 130, Simeonovsko shosse Blvd. 1700 Sofia, Bulgaria - EU