

THIOCTIC ACID ADIPHARM

food supplement

PHARMACEUTICAL FORM

300 mg hard gelatin capsules

Appearance: Ivory opaque hard gelatin capsules containing yellowish powder mixture.

COMPOSITION

Each capsule contains

Active substance:

300 mg Thioctic acid (Alpha lipoic acid)

Excipients: calcium phosphate anhydrous 30 mg, microcrystalline cellulose 40 mg, calcium carbonate 35 mg, sodium stearyl fumarate 10 mg, talc 40 mg.

Empty gelatin capsule shells: gelatin, titanium dioxide (E 171), iron oxide yellow (E172).

PROPERTIES

Alpha-lipoic acid is a vitamin-like substance.

Alpha lipoic acid is a powerful, natural antioxidant with unique benefits in the treatment and prevention of a broad range of diseases, also enhances the effect of other antioxidants such as vitamin C, E and A. In addition to being a powerful antioxidant, Alpha lipoic acid help the body use glucose, hence their potential role in improving blood sugar control and benefit those with diabetes. It reduces complications from a high sugar diet. This nutraceutical has a variety of benefits, particularly for those with diabetes and diabetic neuropathy (). The substance is used in Europe for more than 30 years to reduce the side effects of polyneuropathy, diabetes – cataract, retinopathy and cardiomyopathy.

Alpha Lipoic Acid reduces the risk of Parkinson's disease, supporting the treatment of Alzheimer's.

Alpha-lipoic acid helps people with diseases of the central nervous system, enhances the health of the heart and improve brain function.

Alpha lipoic acid binds, inactivates and facilitates removal of fallen into the body metal ions and heavy metals - lead, mercury, arsenic.

BENEFITS AND USES

Alpha lipoic acid Adipharma is used for:

- Powerful antioxidant
- Protection and reduction the complications in diabetic polyneuropathy such as neuropathic pain, the insensitivity of touch, heat and cold, tingling, burning, formication of feet and/or hands
- Retardation of the aging process
- Improving the metabolism and increasing the level of energy in the body
- Weight loss and increased muscle mass
- Strengthening heart health and brain activity

DOSAGE AND METHOD OF ADMINISTRATION

For oral administration.

The recommended dose is:

Adults

1 capsule (300 mg) daily after meals with enough liquid.

Patients with diabetes are advised to take 2 capsules (600 mg) daily after meals with enough liquid.

Recommendations for efficacy of the intake: 3-month course at least twice a year.

CONTRAINDICATIONS:

Contraindications for the active substance have not yet been determined.

SIDE EFFECTS

No adverse reactions have been reported.

PRECAUTIONS

Do not take this product if you have individual intolerance to some of its components.

Pregnancy/Lactation

Information regarding safety and efficacy in pregnancy and lactation is lacking. Stay on the safe side and avoid use.

People with diabetes should be careful to check their blood sugar levels because alpha lipoic acid might lower blood sugar.

THIOCTIC ACID ADIPHARM is a food supplement and it is not a substitute of the well-balanced diet.

INTERACTION WITH MEDICINAL PRODUCTS AND OTHER FORMS OF INTERACTION

Diabetes: Alpha lipoic acid can decrease blood sugar levels. Your diabetes medications might need to be adjusted by your healthcare provider.

Taking alpha lipoic acid might interfere with treatments for under-active or over-active thyroid.

There is some concern that antioxidants might decrease the effectiveness of some medications used for cancers.

PACKAGING

30 hard gelatin capsules.

STORAGE CONDITIONS

Keep in a dry place, protected from sunlight, at a temperature below 30°C, in original packaging.

Keep out of the reach and sight of children.

SHELF LIFE

3 years

Do not use after the expiry date stated on the blister and carton after EXP. The expiry date refers to the last day of that month.

MANUFACTURER

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- EU