

Omega 3 Forte Adipharm

30 soft gelatin capsules



COMPOSITION

Each soft gelatin capsule contains 1 000 mg fish oil - concentration of Omega 3 acids: NLD 18% EPA and NLD 12% DHA; vitamin E 10 mg (DL- α -tocopheryl acetate).

Excipients: gelatin, glycerine.

WHAT ARE OMEGA-3 fatty acids?

Omega-3 is an essential fatty acid. It is called "essential" because our bodies are unable to produce it on their own, so it has to come from our food.

Foods high in omega-3-fatty acids include salmon, halibut, sardines, albacore, trout, herring, walnut, flaxseed oil, and canola oil. Other foods that contain omega-3-fatty acids include shrimp, clams, light chunk tuna, catfish, cod, and spinach.

WHAT IS THE BENEFIT OF OMEGA-3 FOR THE BODY?

Omega-3 fatty acids protect from the occurrence of a number of diseases.

They decrease the levels of cholesterol and triglycerides, which are responsible for the occurrence of heart diseases and atherosclerosis, and also decrease the risk of thrombus formation.

They have anti-inflammatory activity due to their participation in the synthesis of prostaglandins.

Omega-3 fatty acids improve the processes of nerve conduction and transmission in the brain.

DOSAGE

The recommended dose is 1-2 capsules daily during or after a meal.

PRESENTATION

10 soft gelatin capsules packed in blisters. 3 blisters are placed in a carton box with a leaflet.

Warnings:

The recommended daily dose should not be exceeded.

Omega 3 Forte Adipharm is a food supplement and is not a substitute for a balanced diet.

Store in a dry and light protected place at temperature below 30° C.

Keep out of reach of children.

Do not use after expiry date.

MANUFACTURER

ADIPHARM LTD

130 Simeonovsko shosse Blvd.,

1700 Sofia, Bulgaria - EU